A Journey Home – The Sacred Land of Jesua & Magdalene

with Dance & Sound

September 3rd - 9th, 2022

Retreat with Astaria Woods & Eleana Oceanheart

Bugarach, France

In Southern France, in a region called the Aude, is a very special place. It was home to Jesua and Magdalene who lived here, performing their healings and ceremonies. The land here is imbibed with their love and highly energetic, containing many portals of light. This is the setting for our weeks retreat, 'A Journey Home – The Sacred Land of Jesua & Magdalene'.

Astaria Woods and Eleana Oceanheart will be co-facilitating this event at Astaria's retreat centre opposite the famous Bugarach Mountain. We will be visiting the sacred sites of the area. Eleana will be offering conscious dance both on the land and in the centre. Astaria will be working with intuitive sound to enhance the experience and accelerate the healing process.

Together as a group, we will be connecting with the sacred ceremonies of this area, bringing them alive through dance and sound.

This is a unique opportunity to immerse yourself in the energies of this magical land. A life-changing retreat. Experience greater heart opening, joy and liberation: a coming home to your true self.

<u>These are places we will visit</u>

- Fontaine D'Amors – Magdalene baptised people in the sacred waters here.
- Caves of Jesua and Magdalene – Ceremonies and activations were performed here.
- Bugarach Lake – This is a energetic portal next to the lake – a very special place.
- The labyrinth at Nebias – A mystical forest with rocks in a natural labyrinth.
- Rennes Les Bains – Natural thermal bath in the river.

<u>How our retreat days look</u>

We are located at the foothills of Bugarach mountain meaning that we are close to the sites. There is no set agenda with our retreat as we will be guided by the land and the higher levels. This affords us greater freedom, flexibility and magic! However, every day we will dance, and visit a sacred site. Weather permitting, we will schedule a picnic and swims in the lakes/rivers. There will be time during the day for rest and relaxation to allow you to integrate your experiences. One evening we will host a creative, musical event.

Eleana Oceanheart
eleanaoceanheart.com
Eleana Oceanheart is a Visionary Artist, Energy Healer and Facilitator for Conscious Dance based in England. She is passionate about dance; it's ability to bring us into deeper connection with ourselves, the universe and each other. She creates artwork for sacred spaces around the world, high vibrational paintings that support businesses of our New Earth. Eleana has a unique and profound connection with the Dolphins and Whales, infusing her work with the energy of love, joy and fluidity. She has visited Astaria's centre many times.

Astaria Woods
sacredhearttoursofthemagdalene.com
Astaria has been living on this magical land for three years. She was guided to create a retreat centre opposite the sacred mountain Bugarach, enabling people to connect with these powerful loving energies. Astaria is passionate about helping people clear what holds them back from living more liberated and joyful lives, she has been doing this for 27 years. She is highly intuitive and uses sound with her work, primarily the drum and her voice. Astaria is also is very connected to the nature kingdoms.

This is a small, intimate retreat. Only 9 places available.

Cost: £1250 GBP
Deposit of £250 GBP required on booking (non-refundable)
Full Amount to be paid by 15th August 2022

What is included

- 5 days of excursions and activities including all transport
- All meals – breakfast, lunch, dinner including all drinks
- Our food is home cooked and where possible, organic
- Transportation to and from Carcassone Airport/Train Station
- Your own room * In the event that we are an all singles group, two people will have to share a room. In this instance you will be offered to discount to the retreat price. Please talk to us about this.
- NOT INCLUDED – Flights

Please contact Astaria or Eleana for more information or with any questions you may have.
Astaria: astariawoods@gmail.com Eleana: oceanbeings@gmail.com